

Health & Safety

Stavanger is a fairly safe place to visit. Having said this, there are certain precautions that should be taken in order to ensure a smooth trip through Norway. Like always, common sense is the most important tool to be used in staying safe.

There are many water activities available around Stavanger. With these activities however come certain inherent dangers, most of which can be easily avoided by following a few simple rules, such as always wearing a life jacket when on a boat.

Avoid walking alone at night (especially women). This is a general recommendation for any unfamiliar area, but should be followed in Stavanger as well. If staying with a group is not an option and walking is unavoidable, try to remain in lighted, public areas.